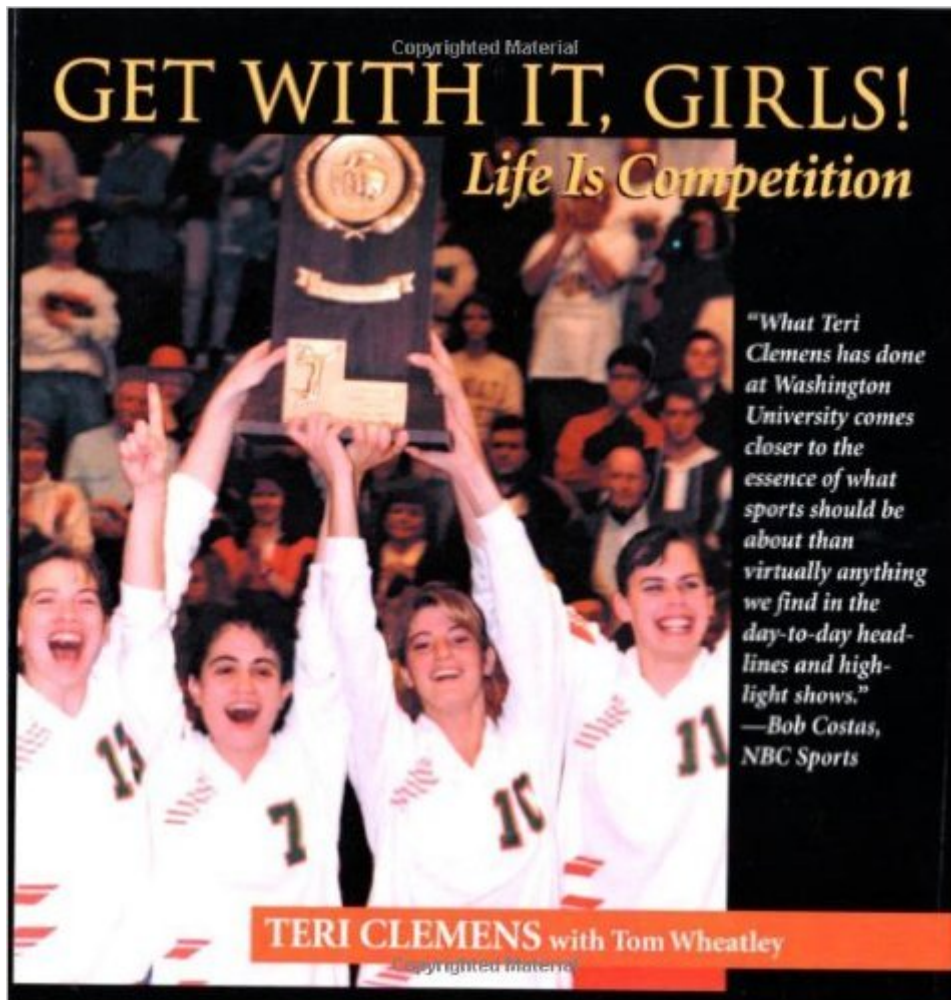


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# Get With It, Girls!: Life Is Competition



## Synopsis

The winningest coach in all NCAA Collegiate Volleyball history at all levels, Teri Clemens and award-winning sportswriter Tom Wheatley offer insight and instruction to young women ages 14-21 on how to be an effective competitor in all aspects of life.

## Book Information

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## Customer Reviews

For those who have kept track of collegiate volleyball during the 1990's, the name Teri Clemens should bring a smile and a look of appreciation to your face. For those of us who are lucky enough to live in St. Louis in that period, it was a golden time for volleyball in this region. Coach Teri Clemens coached the Washington University Bears to seven NCAA Division III volleyball titles in her tenure as coach. She did this with non-scholarship athletes attending one of the premier institutions of higher learning and one of the most demanding liberal arts institutions in the nation, and she did it with a myriad of very different groups of personalities. Her motivational skills are on a par with Pat Summitt and John Wooden, it is no wonder that she is considered to be on that same echelon of collegiate coaches. Now, after reading her book, I know what gives her the edge over other coaches in Division III. The sense of fun, competition, and excitement that explodes into your mind as you read this book is contagious. I now know why every single one of Coach Clemens' players that I have ever met all have the same three attributes: a love of the game of volleyball, a take charge attitude about life, and an undying love and respect for Teri. You can feel her love for the game, her players, and competition coming through each page of this very short book. Her lessons are simple, almost obvious, but never obvious enough for the rest of us to understand by ourselves, because

we if we did, we should be applying the things she elucidates in the book by ourselves. Her comments are always timeless and to the point. No time to pussyfoot around the point, just get to the lesson. Every single Wash U team I have seen are well prepared, confident, fun loving, disciplined, and incredible to watch.

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